

January 2022

Smith Village

Independent Living

Sun

Mon

Tue

Wed

Thu

Fri

Sat

<p>Art = 2nd Fl. Arts and Crafts C = 1st Fl. Card Room CH = 1st Fl. Community Hall CR = 1st Fl. Club Room GR = 3rd Fl. Game Room L = Lobby MDR = Main Dining Room MP = Market Place OAL = Oakhaven Assisted Living Building P = Patio T = Movie Theater on 4th Fl. TMR = Thomas Miller Room WC = Wellness Center</p>	<p>Doctor Visits: Dr. Tillman, Podiatrist Dr. Daly, Podiatrist Dr. Marshall, Dentist Dr. Ryan, optometrist Miracle Ear</p> <p>Please call the Assisted Living Desk at ext. 7700 to schedule an appointment</p>	<p>*PLEASE READ* Please sign up for trips no later than 72 hours in advance. If you sign up, and end up not coming, you are responsible for the cost of your ticket or finding someone to take your place.</p> <p>If you plan to attend a trip to a restaurant, theater, museum or anywhere food and beverages are served, please bring your vaccination card.</p>	<p>St. Xavier Nurse Practitioner, Eileen McCann Tuesdays from 1:00-4:00pm in the Card Room Call 773-298-3753 to schedule an appointment</p> <p>Marquette Bank Tuesdays from 10:30-12:00pm Card Room. Call Front Desk 7300 to schedule an appointment</p>	<p>*= Call the desk at 7300 to reserve your spot!</p> <p>Phone Numbers: 5430 Dining Reservations 7332 To Go Orders 5560 Salon 7649 Concierge</p> <p>Masks are required at all programs and social distancing will be enforced.</p>	<p>Happy Birthday 1/05 Penny Lord 1/06 Elaine Spencer 1/11 Dorothy Bergman 1/21 Joan Nolan 1/22 Virginia White 1/29 Beatrice O'Connell</p>	<p>1 New Year's Day 10:00am Meditation and Reflection for the New Year (Ch. 95)</p> <p>12:00pm New Years Day Brunch (MDR)</p>
<p>2 10:00am Video: Christmas w/ Cardinal Cupich (Ch. 95)</p>	<p>3 9:00am Yoga w/ Daniela (Ch. 95) 10:00am Catholic Mass (CH) 10:45am Noodle Workout (WC) 11:30am Handmaid's Tale Season 4. Ep 3 & 4 (T) 1:30pm Standing Balance (WC) 2:30pm Bingo w/ Tory (ALMDR) 3:00pm Village Chorale (CH)</p>	<p>4 10:15am Movie Planning Meeting (T) 10:45am Stretch &Strengthen (WC) 11:00am Walgreens Trip (L)* 1:00pm Walgreens Trip (L)* 1:30pm Cardio Blast (Ch. 95) 2:00pm Pianist Mark Hoffman Performs (CH)</p>	<p>5 9:00am Yoga w/ Daniela (Ch.95) 10:00am Chapel Service (CH) 11:15am Wii Bowling (GR) 1:00pm Bible Study w/ Dr. Madonna Murphy (T) 1:00pm Blood Pressure Clinic w/Elara (C) 2:30pm Chair Volleyball (CH)</p>	<p>6 9:00am Seated Functional Fitness (Ch. 95) 11:00am Trip: Amazon Fresh (L)* 1:00pm Activity Planning Meeting (T) 2:30pm Brain Fitness (Art) 7:00pm Movie: Cold Mountain (T)</p>	<p>7 9:00am Yoga w/ Daniela (Ch. 95) 10:15am Stretch &Strengthen (WC) 1:00pm Bean Bag Practice (WC) 7:00pm Scrabble/Game Night (C)</p>	<p>8 8:45am Yoga w/Susan (WC) 11:00am Bingo (Oak) 2:00pm Movie: Joyeux Noel (T)</p>
<p>9 10:00 am The Home of Impressionist Art The Many Lives Of The Musée D'Orsay (Ch. 95) 2:00pm Movie: The Unforgivable(T)</p>	<p>10 9:00am Yoga w/ Daniela (Ch. 95) 10:00am Catholic Mass (CH) 10:45am Noodle Workout (WC) 11:30am Handmaid's Tale Season 4 Ep. 5&6 (T) 1:30pm Standing Balance (WC) 2:30pm Bingo w/ Tory (ALMDR) 3:00pm Village Chorale (CH)</p>	<p>11 10:00am Protestant Communion Service (TMR) 10:45am Stretch &Strengthen (WC) 11:00am Trip to Jewel (L)* 1:00pm Trip to Jewel (L)* 1:30pm Cardio Blast (Ch. 95) 3:30pm All Floor Happy Hour (Your Floor Lobby)</p>	<p>12 9:00am Yoga w/ Daniela (Ch. 95) 10:00am Chapel Service (CH) 10:40am Yoga w/ Karla(WC) 11:15am Wii Bowling (GR) 1:00pm Blood Pressure Clinic w/ Elara (C) 3:00pm Movie: Stories of a Generation- Pope Francis (T)</p>	<p>13 9:00am Seated Functional Fitness (Ch. 95) 10:00am Food Committee Meeting (MDR) 1:00pm Comedy Short: Tom Papa (Ch. 95) 2:00pm Chef Demo (MDR) 7:00pm Movie Night: Spencer (T)</p>	<p>14 9:00am Yoga w/ Daniela (Ch. 95) 10:15am Stretch &Strengthen (WC) 11:30am Video: Learn Italian in 30 mins (Ch. 95) 1:00pm Bean Bag Practice (WC) 7:00pm Scrabble/Game Night (C)</p>	<p>15 10:00am Tour of Smithsonian Museum of American History (Ch. 95) 2:00pm Virtual Trip: Washington DC (Ch. 95)</p>

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<p>16 10:00am Renaissance's Unknown Origins w/Waldemar Januszczak (Ch. 95) 2:00pm Florida Beach Scenes w/ Music (Ch. 95)</p>	<p>17 Martin Luther King Jr. Day 9:00am Yoga w/ Daniela (Ch. 95) 10:00am Catholic Mass (CH) 10:45am Noodle Workout (WC) 11:30am Dr. Martin Luther King Jr. "I Have a Dream" Speech (Ch. 95) 1:30pm Standing Balance (WC) 2:30pm Bingo w/ Tory (ALMDR) 3:00pm Village Chorale (CH)</p>	<p>18 10:45am Stretch &Strengthen (WC) 11:00am Trip to Target (L)* 1:00pm Trip to Target (L)* 1:30pm Cardio Blast (Ch. 95) 2:30pm Ted Talk w/ Shelly- "Robots &Machines vs People" (T)</p>	<p>19 9:00am Yoga w/ Daniela (Ch.95) 10:00am Chapel Service (CH) 11:15am Wii Bowling (GR) 1:00pm Bible Study w/ Dr. Madonna Murphy (T) 1:00pm Blood Pressure Clinic w/Elara (C) 2:30pm Chair Volleyball (CH) 4:30pm Birthday Dinner -Invite Only (Oak)</p>	<p>20 9:00am Seated Functional Fitness (Ch. 95) 10:00am Food Committee Meeting (MDR) 11:30am Good Eats Lunch Trip: Fogo De Chao (L)* 2:00pm Music Performance by Jennifer Hall (CH) 2:30pm Brain Fitness (Art) 7:00pm Bingo Night (MP)</p>	<p>21 9:00am Yoga w/ Daniela (Ch. 95) 10:15am Stretch &Strengthen (WC) 11:00am Bingo (Oak) 12:30pm Trip to Ridge Historical Society for American Girl Exhibit (L)* 1:00pm Bean Bag Practice (WC) 3:00pm Movie: Belfast (T) 7:00pm Scrabble/Game Night (C)</p>	<p>22 8:45am Yoga w/Susan (WC) 10:00am Memorial Service(CH)</p>
<p>23 10:00am Great Courses: Thinking in Space Time (Ch. 95) 2:00pm Beethoven Symphony No.9 by West-Eastern Divan Orchestra (Ch. 95)</p>	<p>24 9:00am Yoga w/ Daniela (Ch.95) 10:00am Catholic Mass (CH) 10:45am Noodle Workout (WC) 11:30am Handmaid's Tale Season4 Ep. 7 &8 (T) 12:20pm Trip: Movie at Beverly Art Center- The Great Ziegfeld (L)* 1:30pm Standing Balance (WC) 2:30pm Bingo w/ Tory (AL MDR) 3:00pm Village Chorale (CH)</p>	<p>25 9:30am Trip to Casino (L)* 10:45am Stretch &Strengthen (WC) 1:30pm Cardio Blast (Ch. 95) 2:30pm Discussion w/Jim Civik: 1922 Time Machine (T) 6:00pm Trivia Night (Oak)</p>	<p>26 9:00am Yoga w/ Daniela (Ch. 95) 10:00am Chapel Service (CH) 10:40am Yoga w/ Karla (WC) 11:15am Wii Bowling (GR) 1:00pm Blood Pressure Clinic w/ Elara (C) 1:30pm Baking w/ Tasha (MDR)</p>	<p>27 9:00am Seated Functional Fitness (Ch.95) 10:00am Resident Council Meeting (CH) 11:00am Book Club (Oak) 2:30pm Brain Fitness (Art) 7:00pm Movie: The Shack (T)</p>	<p>28 9:00am Yoga w/ Daniela (Ch. 95) 10:15am Stretch &Strengthen (WC) 11:00am Bingo (Oak) 11:30am Good Eats Lunch Trip2: Fogo De Chao (L)* 1:00pm Bean Bag Practice (WC) 7:00pm Scrabble/Game Night (C)</p>	<p>29 10:00am Yo Yo Ma's Greatest Hits (Ch. 95) 2:00pm Rick Steves Visits Egypt (Ch. 95)</p>
<p>30 10:00am Community Bingo (CH) 2:00pm Chopin: Piano Concerto No. 1, Op. 1 (Ch. 95)</p>	<p>31 10:00am Catholic Mass (CH) 10:45am Noodle Workout (WC) 11:30am Handmaid's Tale Season 4: Ep.9&10 (T) 12:20pm Trip: Movie at Beverly Art Center - Singin' in the Rain (L)* 1:30pm Standing Balance (WC) 2:30pm Bingo w/ Tory (ALMDR) 3:00pm Village Chorale (CH)</p>					