

May 2022

Smith Village

Independent Living

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>1</p> <p>9:00Yoga w/ Daniela (Ch.95)</p> <p>2:00Vander Cook College of Music Performance (CH)</p>	<p>2</p> <p>9:00 Noodle Workout (WC)</p> <p>10:00Catholic Mass (CH)</p> <p>11:30 Series: Bridgerton (T)</p> <p>1:30Standing Balance (WC)</p> <p>2:30Bingo w/ Tory (AL MDR)</p> <p>3:00Village Chorale (CH)</p>	<p>3</p> <p>9:00Yoga w/ Daniela (Ch.95)</p> <p>11:00Walgreens Trip (L)*</p> <p>1:00Walgreens Trip (L)*</p> <p>2:00pm Yoga/ Karla (WC)</p> <p>2:00Performance by: Pianist Mark Hoffman (CH)</p>	<p>4</p> <p>9:00Stretch & Strengthen (WC)</p> <p>10:30Activity & Movie Planning (T)</p> <p>11:15Wii Bowling (GR)</p> <p>1:00 Bible Study w/ Dr. Madonna Murphy (T)</p> <p>1:00Blood Pressure Clinic w/ Elara (C)</p> <p>2:30Chair Volleyball (CH)</p>	<p>5</p> <p>8:45 CSO Open Rehearsal (L)*</p> <p>9:00Seated Functional Fitness (Ch. 95)</p> <p>2:00Eco- Green Meeting (CR)</p> <p>3:00 Cinco De Mayo Social (MP &VG)</p> <p>7:00Classic Movie: Going My Way (T)</p>	<p>6</p> <p>9:00Stretch & Strengthen (WC)</p> <p>10:30Walking Club (L)</p> <p>11:00Bingo (Oak)</p> <p>1:00Bean Bag Practice (WC)</p> <p>7:00Scrabble/Game Night (C)</p>	<p>7</p> <p>11:00Met. Opera at Marcus Theater: Turandot \$25 (L)*</p> <p>Oak Room opens at 3:00pm! Watch the Kentucky Derby at 5:30pm (Oak)</p>
<p>8</p> <p>9:00Yoga w/ Daniela (Ch.95)</p> <p>12:00Mother's Day Brunch Reservations Required ext. 5430(MDR)</p>	<p>9</p> <p>9:00Noodle Workout (WC)</p> <p>10:00Catholic Mass (CH)</p> <p>11:30Series: Bridgerton (T)</p> <p>1:30Standing Balance (WC)</p> <p>2:30Bingo w/ Tory (AL MDR)</p> <p>3:00Village Chorale (CH)</p>	<p>10</p> <p>9:00Yoga w/ Daniela (Ch.95)</p> <p>10:00Protestant Communion Service TMR)</p> <p>11:00Jewel Trip (L)*</p> <p>1:00Jewel Trip (L)*</p> <p>2:00Piano Concerto No. 3 (Ch. 95)</p> <p>3:00Movie: As They Made Us (T)</p>	<p>11</p> <p>9:00Stretch & Strengthen (WC)</p> <p>11:15Wii Bowling (GR)</p> <p>1:00Blood Pressure Clinic w/ Elara (C)</p> <p>2:00 Solving Art's Greatest Mysteries w/ Waldemar Januszczak (Ch. 95)</p>	<p>12</p> <p>9:00Seated Functional Fitness (Ch. 95)</p> <p>10:00Food Committee Meeting (MDR)</p> <p>11:00Dollar Store Trip (L)*</p> <p>2:00Chef Demo (IL MDR)</p> <p>3:00Brain Fitness (Art)</p> <p>7:00Documentary Movie: The Mystery of Marilyn Monroe(T)</p>	<p>13</p> <p>9:00Stretch & Strengthen (WC)</p> <p>10:30Walking Club (L)</p> <p>1:00Bean Bag Practice (WC)</p> <p>7:00Scrabble/Game Night (C)</p> <p>7:00Movie: Charade (Ch. 95)</p>	<p>14</p> <p>8:45 Yoga w/ Susan (WC)</p> <p>9:00Arthritis Exercise Video (Ch. 95)</p> <p>2:00National Geographic: Oceans (Ch. 95)</p>
<p>15</p> <p>9:00Yoga w/ Daniela (Ch.95)</p> <p>2:00pm Line Dancing w/ Natasha (WC)</p>	<p>16</p> <p>9:00Noodle Workout (WC)</p> <p>10:00Catholic Mass (CH)</p> <p>11:30Series: Bridgerton (T)</p> <p>1:30Standing Balance (WC)</p> <p>2:30Bingo w/ Tory (AL MDR)</p> <p>3:00Village Chorale (CH)</p>	<p>17</p> <p>9:00Yoga w/ Daniela (Ch.95)</p> <p>11:00Target Trip (L)*</p> <p>1:00Target Trip (L)*</p> <p>2:00pm Yoga w/ Karla (WC)</p> <p>3:30All Floor Happy Hour (Your Floor Lobby)</p> <p>7:00 Handel's Messiah (Ch. 95)</p>	<p>18</p> <p>9:00Stretch & Strengthen (WC)</p> <p>11:15Wii Bowling (GR)</p> <p>1:00Bible Study w/ Dr. Madonna Murphy (T)</p> <p>1:00Blood Pressure Clinic w/ Elara (C)</p> <p>2:30Chair Volleyball (CH)</p> <p>4:30Birthday Dinner- Invite Only (Oak)</p>	<p>19</p> <p>9:00Seated Functional Fitness (Ch. 95)</p> <p>11:00National Geographic- Yosemite National Park (Ch.95)</p> <p>2:00Performance by: A Major Band (CH)</p> <p>7:00Bingo Night (MP)</p>	<p>20</p> <p>9:00Stretch & Strengthen (WC)</p> <p>10:30Walking Club (L)</p> <p>11:00Bingo w/ Elara Caring (Oak)</p> <p>1:00Bean Bag Practice (WC)</p> <p>3:00The Grandest Sights of Britain's Countryside (Ch. 95)</p> <p>7:00Scrabble/Game Night</p>	<p>21</p> <p>9:00Arthritis Exercise Video (Ch. 95)</p> <p>11:00The Met. at Marcus Theaters: Lucia Di Lammermoor \$25(L)</p>

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<p>22 9:00Yoga w/ Daniela (Ch.95) 11:00Medieval Secrets of Notre Dame (Ch. 95) 11:00am Line Dancing w/ Natasha (WC)</p>	<p>23 9:00Noodle Workout (WC) 10:00Catholic Mass (CH) 11:30Series: Bridgerton (T) 1:30Standing Balance (WC) 2:30Bingo w/ Tory (AL MDR) 3:00Village Chorale (CH)</p>	<p>24 9:00 Yoga w/ Daniela (Ch.95) 11:00 Mahler Symphony No. 1 (Ch.95) 2:30Discussion w/ Jim Civik (T) 6:45Trivia Night w/ Meghan Maple (Oak)</p>	<p>25 9:00Stretch & Strengthen (WC) 9:30 Casino Trip (L)* 11:15Wii Bowling (GR) 1:00Blood Pressure Clinic w/ Elara (C) 1:30Baking Demo (IL MDR)</p>	<p>26 9:00Seated Functional Fitness (Ch. 95) 10:00Resident Council Meeting (CH) 11:00Book Club (Oak) 2:00Hidden Details of Architecture in Washington DC (Ch. 95) 7:00Movie: Trees of Peace (T)</p>	<p>27 9:00Stretch & Strengthen (WC) 10:30Walking Club (L) 1:00Bean Bag Practice (WC) 2:30Movie: The Imitation Game (T) 7:00Scrabble/Game Night (C)</p>	<p>28 8:45 Yoga w/ Susan (WC) 9:00Arthritis Exercise Video (Ch. 95)</p>
<p>29 9:00Yoga w/ Daniela (Ch.95) 10:00Community Bingo (CH) 1:10White Sox vs Chicago Cubs– Watch in the Oak Room Pub!</p>	<p>30 9:00Noodle Workout (WC) 10:00Catholic Mass (CH) 11:30Memorial Day Tribute (Ch.95) 1:00Memorial Day BBQ (MDR &VG) 1:00pm - 4:00pm Reservations Required Ext 5430 1:30Standing Balance(WC) 2:30Bingo w/ Tory (AL MDR)</p>	<p>31 9:00Yoga w/ Daniela (Ch.95) 11:00Aldi Trip (L)* 1:00Aldi Trip (L)* 2:30TED Talk with Shelly-War in Ukraine Could Change Everything (T)</p>	<p>Art = 2nd Fl. Arts and Crafts C = 1st Fl. Card Room CH = 1st Fl. Community Hall CR = 1st Fl. Club Room GR = 3rd Fl. Game Room L = Lobby MDR = Main Dining Room MP = Market Place OAL = Oakhaven Assisted Living Building P= Patio T= Movie Theater on 4th Fl. TMR= Thomas Miller Room WC= Wellness Center</p>	<p>Doctor Visits: Dr. Tillman, Podiatrist Dr. Daly, Podiatrist Dr. Marshall, Dentist Dr. Ryan, optometrist Dr. Corbett, Audiologist Please call the Assisted Living Desk at ext. 7700 to schedule an appointment St. Xavier Nurse Practitioner, Eileen McCann Tuesdays from 1:00-4:00pm in the Card Room. Call 773-298-3753 to schedule an appt</p>	<p>Phone Numbers: 5430 Dining Reservations 7332 To Go Orders 5560 Salon 7649 Concierge In House TV Channels Ch. 3= Daily Activities Ch. 4= Announcements Ch. 36= Community Hall Ch. 64= Menus Ch. 95= Videos</p>	<p>Happy Birthday 5/04 Gene Daly 5/09 Pat Doyle 5/10 Linda Lamberty 5/10 Helen Hakun 5/10 Judy Brougham 5/11 Andrea Kryzsko 5/12 Hermine Sykes 5/13 Dan O'Shea 5/15 Maryanne Smith 5/17 Ellen McCarthy 5/17 Rudy Smith 5/18 Jeanne Kross 5/20 Eloise Johnson 5/23 Barb Mueller 5/25 Noreen McGee 5/29 Ede Iversen</p>